DARK HORSE
BRAZILIAN JIU-JITSU

DENVER LOCATION
950 Santa Fe, Denver, 80203

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:00-7:00 AM BJJ ALL LEVELS					9:00-11:00 AM ReKindle Calisthenics
3:00-4:00 PM MUAY THAI						12:00-12:45 PM KIDS BJJ
4:00-5:00PM BJJ INT/ADV NOGI/WRESTLING		4:45-5:30 PM KIDS BJJ	4:45-5:30 PM KIDS BJJ	4:45-5:30 PM KIDS BJJ		1:00-2:00 PM BJJ ALL LEVELS
5:00-6:00 PM OPEN MAT	5:30-7:00 PM BJJ ALL LEVELS 1.5 HR	5:30-7:00 PM BJJ INT/ADV 1.5 HR	5:30-6:30 PM BJJ FUNDAMENTALS 1 HR	5:30-7:00 PM BJJ INT/ADV (NOGI) 1.5 Hr	5:30-6:30 PM BJJ FUNDAMENTALS 1 HR	2:00-3:30 PM SHARPEN, DRILL & ROLL
	7:00-8:00 PM WOMEN'S CLASS	7:00-8:00 PM BJJ FUNDAMENTALS 1 HR	6:30-8:00 PM BJJ INT/ADV 1.5 HR	7:00-8:00 BJJ FUNDAMENTALS (NO-GI) 1 HR	6:30-7:30 PM OPEN MAT	3:30-5:00PM OPEN MAT
					7:00-8:00 PM MMA	

Fundamentals Class: Fundamentals Curriculum. All are welcome! 1 Hour in length.
All Levels Class: Subject to change based on the average level of the room. All are welcome! 1 Hour in length
Intermediate Class Must be a Green Belt or above OR ask the Professor beforehand. 1.5 Hours in length
Competition & Sharpen Classes Recommended 2 stripes white belt or above. 1.5 hours
Women's Class: All women are welcome for free! Newcomers must schedule a free orientation class at minimum before attending. Tell your friends! 1 Hour.